

**Marcie Cramer, Clinical Psychotherapist, LMHC Presents:
A Daylong Healing Intensive:**

**The Hidden Trauma of Veterinary Medicine:
When Loving Animals Is Hurting You**

Like the majority of those in the Veterinary medicine field, you probably saw veterinary medicine as a personal calling. From a young age you most likely had a deep love and connection with animals; sometimes more than with people. So you followed your calling because you wanted to make a difference, you wanted to help animals suffer less, feel less pain, live a joyful existence.

Then you entered the field, sometimes with crushing debt. You became employed and had to navigate (with little training) the business side of veterinary medicine, become a psychotherapist to emotional, sometimes irrational clients, you had to work unimaginable long, crisis filled hours, and somehow deal with the trauma of euthanasia after euthanasia, all while trying to create a sacred personal/ family life.

Like so many you have said to yourself on more than one occasion: "This is not what I signed up for!" And you are not alone.



Trauma in the veterinarian medical community is often a hidden, secret and unexpected pain, even to yourself. So, like many, you might suffer from compassion fatigue, feelings of depression, powerlessness, exhaustion, frustration or tragically, even thoughts of suicide. And instead of being taught healing skills, you were taught coping skills and too often those coping skills are not enough. Not even close.

Marcie Cramer, created this workshop to give you the opportunity to gain the tools, skills and strategies to be proactive with all of the challenges above and with:

- * Combating the nuances of compassion fatigue and *Chronic stress
- * Feelings of sadness, grief and guilt from performing ongoing euthanasias.
- *Feelings of hopelessness, depression and/or suicide
- *Therapeutic techniques to handle emotional and/or difficult clients
- * Practical self-care strategies to prevent burnout and reclaim the joy of loving and caring for animals.

Date: Saturday, 9:45am – 6pm

Fee: \$275 (cash/check/paypal/Zelle)

For additional details or to register:

Marcie Cramer- [407-657-8555](tel:407-657-8555) x1 or Marcie@centerforthehealingarts.com

Marcie Cramer, Clinical Psychotherapist, LMHC Presents:
A Daylong Healing Intensive:
The Hidden Trauma of Veterinary Medicine
When Loving Animals Is Hurting You

7 CEs - Race course# 20-798504.

Like the majority of those in the Veterinary medicine field, you probably saw veterinary medicine as a personal calling. From a young age you most likely had a deep love and connection with animals; sometimes more than with people. So you followed your calling because you wanted to make a difference, you wanted to help animals suffer less, feel less pain, live a joyful existence.

Then you entered the field, sometimes with crushing debt. You became employed and had to navigate (with little training) the business side of veterinary medicine. You suddenly were expected to be a psychotherapist to emotional, sometimes irrational clients. Perhaps you were pressured into being a salesperson with retail or had to magically become a fantastic staff manager. You had to work unimaginable long, crisis filled hours for years on end, and somehow learn to deal with the trauma of euthanasia after euthanasia, all while trying to create a sacred personal and/or family life.

Trauma in the veterinarian medical community is often a hidden, secret and unexpected pain, even to yourself. And eventually, like many, you might suffer from compassion fatigue, feelings of depression, powerlessness, exhaustion, frustration or tragically, even thoughts of suicide. And instead of being taught healing skills, you were taught coping skills and too often those coping skills are not enough. Not even close.

So like many, you have said to yourself on more than one occasion: "This is not what I signed up for!" And you are not alone.

Marcie Cramer, created this workshop to give you the opportunity to gain the tools, skills and strategies to be proactive with the challenges of:

- * Combating the nuances of compassion fatigue
- * Feelings of sadness, grief and guilt from performing ongoing euthanasias.
- * Feelings of hopelessness, depression and/or suicide
- * Chronic stress
- * Therapeutic techniques to handle emotional and/or difficult clients
- * Practical self-care strategies and processes that prevent burnout and reclaim the joy of loving and caring for animals.

Date: Saturday, 9:45am – 6pm

Fee: \$275 (cash/check/paypal/Zelle)

For additional details or to register:

Marcie Cramer- [407-657-8555 x1](tel:407-657-8555) or Marcie@centerforthehealingarts.com