

MARCIE CRAMER PRESENTS:
EXPLORING YOUR UNCONSCIOUS, YOURSELF AND YOUR
RELATIONSHIPS

Think about this: In the most crucial areas in our lives: Attaining Happiness, creating wonderful relationships and raising children -we receive no manual, guidance or formal training. Our caretakers did the best they could, but imagine how life might be different if they had a manual or even formal training. Imagine how life would be different if they had been taught how to create a safe and deeply connecting family interaction.

Our "unconscious" training (what we observe and experience in our families growing up) stays with us, stored in our unconscious only to guide us to repeat those same learned patterns. It is that unconscious piece that creates anxiety, depression, perfectionism and difficulties in our relationships. And not just with our partner, it gets in our way of our being the best version of our self.

This carefully planned workshop is a day filled with wonder and surprise about what is hidden in your unconscious. You will learn what love really is, why you choose the romantic partners you do and why they feel, think and behave the way they do. You will learn powerful, loving communication tools and skills that lead to deep connection and true happiness. And the most important part - at the end of the day you will have a precise map on what to do, exactly, to be happy and create the connections in your life you have always desired. Finally YOU will have the manual!

THIS WORKSHOP IS FOR IF YOU TRULY WANT TO DISCOVER:

- *HOW TO STEP OUT OF YOUR REACTIONARY SELF (AND INTO A PRO-ACTION SELF)**
- *HOW TO BE UNDERSTOOD DEEPLY**
- *HOW TO TURN CONFLICT IN ANY RELATIONSHIP INTO A WONDERFUL CONNECTION**
- * WHY YOU REPEAT DEFEATING BEHAVIORS AND HOW TO CHANGE THAT**
- * IF THE RELATIONSHIP YOU ARE IN IS THE RIGHT ONE FOR YOU**

IF YOU WANT THIS THEN IT IS TIME FOR A CHANGE -
AND CHANGE OF ANY SORT REQUIRES COURAGE!

REJECT YOUR RESISTANCE – IT IS TIME TO EMBRACE THE SKILLS AND TOOLS NECESSARY TO ALLOW YOU TO CONNECT DEEPLY WITH THOSE YOU LOVE AND YOUR AUTHENTIC SELF

NEXT DAY LONG COURSE: Saturday, March 31th, 2018 9:45AM-6:00PM

Cost: \$275 per person. Space limited to 25 participants.

For more information and to reserve your space call:

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